

# newsletter

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Issue 02 Thursday 09 February 2017

## DISTRICT SWIMMING

Congratulations to the following students who participated in the heats of the District Swimming Carnival yesterday:

Jethro Dvorak:	3 <sup>rd</sup> 50 freestyle
Emerson Whitford:	5 <sup>th</sup> 50m backstroke
Leah Phan:	3 <sup>rd</sup> backstroke
Tom Harris:	2 <sup>nd</sup> 50m freestyle and 1 <sup>st</sup> backstroke
Patrice Vayenas:	4 <sup>th</sup> freestyle
Sarita Vadiveloo:	2 <sup>nd</sup> freestyle
Giorgios Antonopoulos:	2 <sup>nd</sup> freestyle
Alannah Ectoros:	1 <sup>st</sup> backstroke and 3 <sup>rd</sup> freestyle
Will Roache:	3 <sup>rd</sup> backstroke
Eva Peraic:	6 <sup>th</sup> freestyle and 2 <sup>nd</sup> backstroke
Will Croxford	6 <sup>th</sup> freestyle
Thibo Pereira-Leclerc:	4 <sup>th</sup> freestyle
Miakoda Murray:	2 <sup>nd</sup> freestyle



The following students qualified for regionals coming first or second in the finals of their events. We wish them well in the upcoming regional swimming competition:

Luke Noy:	1 <sup>st</sup> 50m freestyle and 2 <sup>nd</sup> butterfly
Miakoda Murray:	1 <sup>st</sup> butterfly
Lachlan Morrison	1 <sup>st</sup> breaststroke
U/12 Girls Relay team:	1 <sup>st</sup> : Alannah, Miakoda, Eva, Sarita
U/12 Boys Relay team:	2 <sup>nd</sup> : Thibo, Luke, Tom, Will

## TWILIGHT SPORTS: Tuesday 21st March 5.45pm !

Twilight Sports are a Parkhill tradition where all students from Foundation to Year 6 dress in their House colours and compete in a variety of tabloid sport type events. Events range from tyre relays to tunnel ball to fun sprinting races (including a parent's race!)

All parents are invited to come along on the 21st March at 5.45pm for a 6.00pm start. Bring along your picnic rug and chairs, along with your picnic dinner and sit on the grassy hill and watch your young chargers participate in a variety of events that represent their House for the first time this year. All events are multi age and the emphasis is on low key fun activity!

Please note that our Athletics team is selected during a more formal Athletics Carnival held at Bill Stewarts Athletic track later in the year.

Twilight Sports are a great way to kick the year off with a fun community event that involves the whole family!



## FOUNDATION FOR PARENTS:

Parents of Foundation students may be interested in the following website which provides Tips for Parents of children starting school.

[www.education.vic.gov.au/school/parents/primary/Pages/p4p.aspx](http://www.education.vic.gov.au/school/parents/primary/Pages/p4p.aspx)

## CAR PARKING

Just a reminder about the car parking in and around the surrounding areas of the school. We have had a couple of local residences complaining about cars being parked across their drive ways preventing them getting out! I'm sure you would agree that it would be very frustrating if it happened to you. Please be aware of this when dropping children off and picking them up.

Thanks for your assistance.

## 40 ZONES

School speed limits apply outside every school in Victoria to increase the safety for our most vulnerable road users - children.

Speed limits will be reduced to either 40km/h or 60km/h outside schools in the morning from 8am to 9.30am and in the afternoon from 2.30pm to 4pm.



For information on school speed zones visit the VicRoads website. While you're there, check out their fun and informative road safety apps.

## ACCIDENT INSURANCE

The Department of Education and Training does not provide personal accident insurance for students. Parents are generally responsible for paying the cost of medical treatment for injured students, including any transport costs. The Department of Education and Training states that reasonable low cost accident insurance policies are available from the commercial insurance sector.

## PERSONAL GOODS BROUGHT TO SCHOOL AT OWNER'S RISK

The Department of Education and Training does not hold insurance for personal property brought to schools. Principals are requested to remind students and parents/guardians of this at the beginning of each academic year and to discourage parents/students from bringing any unnecessary or particularly valuable items to school. Please, try and avoid bringing these items as it can be most upsetting for all concerned when items do go missing.

**As per our mobile phone policy, students are to leave mobile phones either with their class teachers or at the office, prior to classes commencing and collect them at the end of the day.**



## SUN SMART

During Term 1 and with any month with an 'R' in it, please remember that hats are compulsory at all times when outside at school. As a Sunsmart school we strictly enforce the use of hats.

**Remember these 5 SunSmart steps during the sun protection times, even if it's cool or cloudy:**

1. ***Slip on covering clothing.*** If you can see skin, UV can reach it.
2. ***Slop on SPF 30 or higher broad spectrum sunscreen.*** Apply sunscreen before going outdoors.
3. ***Slap on a sun protective hat.*** The best hat shades the head, face, eyes, ears and neck. Our school hats comply with Sun Smart regulations.
4. ***Seek shade.*** Shady spaces help block some of the sun's UV but not all so you still need to wear hats, clothing and sunscreen even in the shade.
5. ***Slide on sunglasses.*** If practical, help protect your child's eyes with sunglasses.

For further information go to:

[www.sunsmart.com.au](http://www.sunsmart.com.au)

***Students who don't have a Sun Smart hat will be directed to play in a designated shade area.***

## HOT WEATHER

On days of extreme heat students will remain in their classrooms with all staff sharing the supervision of grades. This will only apply to days of extreme and excessive heat and will operate similarly to the wet day timetable.



### **Emergency Contact Details**

At this time early in the school year it is a good idea to remind parents about the necessity to keep us up to date with phone numbers and emergency contact details. This is especially important for our SMS system in case we need to contact you in the case of an emergency eg bushfire. If your child is ill at school, or suffers an accident, then staff will give immediate care and appropriate first aid. However, it is necessary on occasions to contact parents and we are often frustrated by out of date information that delays this process. **Please make sure you notify the office of any changes to your or your Emergency Contact details.** Obviously in extreme cases we may also deem it necessary to call an ambulance before consulting parents and you need to be aware of this as it is the parents responsibility for any payment. Please also keep the office informed of any change in medical issues faced by your children as this helps us to make the best choices for their welfare.

### ***PARENT CONTRIBUTIONS 2017***

*Charges to parents for the supply of Essential Education Items including student supplies as well as Optional Education Items and Voluntary Financial Contributions were sent home last year. The school purchases all student supplies in good faith for the new school year in one bulk order. This is done to minimise costs for everyone. Thank you to the many families who have already made their payments. This is much appreciated.*

*Please note that all parents are required to pay for Essential Education Items with the due date being February 17th. The alternative for parents is to source exactly the same items independently and purchase them. Parents are reminded to contact the office early in the new school year to make an appointment with me if a payment plan is required to support the payment of charges. All meetings are strictly confidential.*

### **PARENT HELPERS**

Parents are encouraged to assist in the classrooms. There are many ways that parents can help; such as working with small groups, listening to students read, making resources, attending excursions/camps, etc. Some parents assist on a regular basis, others volunteer to help once a term. Please see your class teacher if you would like to assist.

All parent helpers are required to complete a '**Working with Children Check**'. All parents who volunteer to assist with excursions, swimming, overnight camps, or work in the classrooms will need to have a check completed prior to working with our students. The initial step to apply for a Working with Children check is online.

***Confidentiality is paramount when working in the classroom and parents must not discuss individual students outside the classroom.***

### **SCHOOL COUNCIL**

Information regarding School Council nominations was emailed/Tiqbized out to our community earlier this week. If you are thinking of taking on a role within our school and using your expertise to ensure the continued development of our school, please consider standing for election to our School Council. Please don't hesitate to contact me if you would like any further information regarding our School Council.

I leave you with some thoughts you may want to share with those close to you!

Have a great weekend.

Rod McKinlay  
Principal

<b>Birthdays February</b>
Angus M
Cormac M
Thomas R
Samuel L
Hamish L
Hayden M
Amy N
James W
Max D
Ruby D
Jamie A
Themis T
Demika R
Mozhda S
Liam G
Ashley W
Vivian W
Spencer S
Eva S
Millie K
Victoria R
Yashar M
Jonathan M
Jack C


<b>Student of the Week</b>	Name
FR	All Students
FT	All Students
1BC	All Students
1S	All Students
2M	Luke
2S	Demi
3H	Minh
3MR	All Students
4N	All Students
4ME	All Students
5D	William
5H	Xavier
6G	Pandelis
6S	Hannah

<b>2016</b>	<b>Calendar of Curriculum events</b>
Thursday February 16	Y3 & 4 Cartooning Incursion
Thursday February 16	School Photo Day—envelopes to come home shortly
Tuesday February 14	NO Flexi Schools Canteen
Friday February 17	Y5 & 6 Round Robin—Jells Park
Tuesday FEBRUARY 21 Wednesday FEBRUARY 22	Three-Way Conferences Please note dates
Friday February 24	Year 4 Natural Disasters Incursion
Friday March 3	Y4 Excursion (TBC)
Monday 20 March	School Nurse visit
Tuesday March 21	Twilight Sports (details in the Principals report)
Friday March 24	District Athletics Y4, 5 & 6
Tuesday March 28	Foundation Learning Celebration
Tuesday April 18	Curriculum Day—No School

**Payments to the office:** Please remember the following when making payments to the office:

- Childs name
- Teacher | Grade
- Amount Paid
- What you are paying for

*Insure this information **is on both** the notice & the envelope with any monies enclosed.*

*We ask for the return of notices and payment together; as you can imagine the follow up of 335 plus students is time consuming.*

*Jo & Mazz*

Head lice  
Reported in:  
Year 4

**Uniform Shop Opening hours**  
***Monday afternoon 3.00 –4.00pm***  
***Thursday morning 8.30-10.00am***



**Icy Pole Sales are back!!**

Friday afternoons .50cents each.  
Sales from the Roger Beech Hall.



# 2017 Photo Day

## Envelope and Order Instructions

Dear parents and students,

**Parkhill Primary School PHOTO DAY IS 16-Feb-17**

School photo order envelopes have been or will be distributed to every student and it is important that the order instructions (below) are followed.

**ONLINE ORDERING** Your child's school photos are now available for secure online purchase, please note if you are ordering online, you do not need to return an envelope to the school

#### 4 EASY STEPS TO ONLINE SCHOOL PHOTO ORDERING

- Step 1: [Easy Access Link: Click Here](#) - Click on this link if you are using a supported device  
- OR - Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) before photo day and enter your school code [957 YWB B8Z]  
Step 2: Enter your student's details  
Step 3: Choose the package that best suits your needs (all orders will be returned to the school for collection)  
Step 4: Pay for the photos via the shopping cart (upper right corner of the page)  
Please Note: Late fees will apply once orders are closed (5 days after photo day)

**FAMILY / SIBLING PHOTOS** No envelope required if ordering online

#### 4 EASY STEPS TO ONLINE SCHOOL PHOTO ORDERING

- Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) before photo day and enter your school code [957 YWB B8Z]
- Family/Sibling photo orders online close on **14/02/2017**
- Orders can be placed by returning an envelope up until photo day with cash or cheque enclosed

### ORDERING USING AN ENVELOPE

**ENVELOPES WILL BE HANDED TO EACH CHILD, PLEASE SEE THE SCHOOL OFFICE IF YOU HAVE NOT RECEIVED ONE**

- Step 1: Student Details: Complete the student details section on the front of the order envelope.  
Please use black or blue pen.  
Step 2: Purchase Details: Complete the purchase details on the front of the envelope.  
Step 3: Payment Method: Select your payment method.  
Credit Card – Online Only at [www.advancedlife.com.au](http://www.advancedlife.com.au)  
Cash – Please enclose correct money – no change is given under any circumstances  
Cheque – Make payable to Advancedlife Photography with your name & address on the back of cheque  
Please allow 60 days for your cheque to be finalised - a \$25 fee will apply to any dishonored cheque payments

Please feel free to contact us via email or phone should you have any queries  
in regards to your child's school photo order.  
[info@advancedlifevic.com.au](mailto:info@advancedlifevic.com.au) or 03 9852 1133

Advancedlife Team

# PARKHILL PFA NEWSLETTER 9<sup>th</sup> Feb 2017

**President:** Vanessa Cowley  
**Treasurer:** Sumi Sundram

**Vice President:** Donna Edwards  
**Secretary:** Wendy Douglas

## Calendar

Tuesday February 14th	PFA Meeting
Saturday February 25th	Waverley District Netball BBQ

## Hello 2017!

Welcome back everyone to Term 1 2017! We hope you have enjoyed the holidays and time with your families and friends. We really appreciated the support everyone provided our various different social and fundraising events last year and with that in mind, we are looking forward to continuing to grow and build the amazing community of Parents and Friends that we have here at Parkhill throughout 2017.

## PFA Meeting

Our first PFA meeting for 2017 will be held on Tuesday February 14<sup>th</sup> 2.15pm and for the venue details please email Wendy on the email below. If you are wondering how you can support Parkhill, joining the PFA is a great way to do it. Come along to our first meeting and learn about the year we are planning and how you and your skills could help out. We are always keen to have more people involved so please don't be shy! Come along and meet some other parents and learn how you can help out. If you have any questions, please contact PFA Secretary Wendy Douglas via: [parents.friends.secretary@gmail.com](mailto:parents.friends.secretary@gmail.com)

## Waverley District Netball BBQ – 25<sup>th</sup> February – Volunteers Needed! \*

We have secured the BBQ/sausage sizzle at Waverley District Netball again and are looking for volunteers to help man the BBQ/sell sausages. Do you have a couple of spare hours to help sell sausages at the netball courts just behind Parkhill? If you are available to help out for a couple of hours please sign up here: <http://signup.com/go/rmmGk6>. Mark Havas is coordinating this fundraiser for us, if you have any questions please contact him on 0424 747 987 or email [Mark@havas.net.au](mailto:Mark@havas.net.au)

## Ritchies/IGA Community Benefits Scheme

If you ever find yourself shopping at Ritchie's or IGA, don't forget to sign up for their community benefits program and nominate Parkhill Primary as your nominated community organisation. It is really easy to sign up and the benefits we receive are well worth you making the effort.

*\*Pending School Council approval.*

# ANNUAL SCHOOL PAYMENT– 2017



Please forward payment to the school office on or before  
Friday 17<sup>th</sup> February 2017

Surname	Child's Name	2017 Year Level

Description of Payments	Per Child	1 <sup>st</sup> Child	2 <sup>nd</sup> Child	3 <sup>rd</sup> Child	Total
<b>Essential Education Items</b>					
Essential Education Items	\$300.00				
Year 6 Graduation Levy ( <i>year 6 only</i> )	\$35.00				
<b>Optional Education Items</b>					
Special Religious Instruction	\$10.00				

<b>Voluntary Financial Contributions</b>	<i>Please circle your choice</i>				<b>Amount</b>
Welfare & Special Learning Needs	\$100.00	\$75.00	\$50.00	Other \$.....	
Fundraising	\$100.00	\$75.00	\$50.00	Other \$.....	
Computer & Resources	\$100.00	\$75.00	\$50.00	Other \$.....	
Grounds Development	\$100.00	\$75.00	\$50.00	Other \$.....	
Building Fund - Tax Deductible	\$100.00	\$75.00	\$50.00	Other \$.....	
Library Fund - Tax Deductible	\$100.00	\$75.00	\$50.00	Other \$.....	

<b>TOTAL PAYMENT FOR 2017:</b>	<b>\$</b>
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## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

### Parent/legal guardian details

Surname

First name

Address

Town/suburb  State  Postcode

Contact number

Centrelink pensioner concession OR Health care card number (CRN)

-  -  -  OR

☐ Foster parent\* OR ☐ Veterans affairs pensioner

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

### Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- DHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
  - this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
  - I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
  - If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
  - Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.
- You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant

Date  /  /

# Zucchini and Apple Muffins

## Ingredients

**Makes 12-14 muffins (double the recipe for each class)**

- 2 cups (300g) self-raising flour
- 1/2 cup (100g) brown sugar
- 1 tsp cinnamon
- 2 eggs, lightly beaten
- 1/2 cup (125ml) vegetable oil
- 1 tsp vanilla essence
- 1 cup apple, peeled and grated
- 1 cup zucchini, peeled and grated



## Method:

Preheat oven to 180°C (160°C fan-forced). Place muffin cases in the muffin tins.

In a bowl, combine the flour, brown sugar and cinnamon.

In a separate bowl, mix the eggs, oil, vanilla, apple and zucchini.

Pour the wet ingredients into the dry ingredients and use a spatula to turn the mixture until all ingredients are just moist. Be careful not to over-mix the batter as it will make the muffins heavy.

Spoon mixture evenly into muffin tin and bake for 20-25 minutes.



# LAUGH *dance* MOVE PLAY PURE FUN

## EVERY SESSION INCLUDES:

- Dance Technique
- Fitness Games
- End of Session Performance
- Fun With Friends
- New Music Mixes
- So Much More
- Relay Races

**Location:** Parkhill Primary School Performing Arts Room

**Date:** Monday 13th February 2017 – Monday 27th March 2017

**No Class On First full week of Term 1 along with No Class on Labour  
Day 13<sup>th</sup> March 2017**

**Time:** 4:00pm – 4:45pm

**Grades:** Prep – Grade 6 (Girls & Boys Welcome)

**Price:** 6 weeks for \$60 (cash only)

**For more information:** Please call Fran Ditton 0417 323 273 or email [fditton@icloud.com](mailto:fditton@icloud.com)

# PILATES

**TRY YOUR 1<sup>ST</sup> CLASS FOR \$6!**

Pilates is popular with all ages and abilities and can help with general fitness, a stronger, toned, more flexible body, improved posture, injury prevention, increased energy and enhanced wellbeing! Come and find out what Pilates can do for you at our friendly classes!

**Monday 9.30am, Wednesday 6pm,  
Thursday 9.30am and Saturday 9.15am**  
The Uniting Church, 482 High Street Rd, Mt. Waverley.

**Tuesday 9.30am (new class)**  
St. Johns Uniting Church, Virginia St, Mt. Waverley.

**Tuesday 7.30-8.30pm**  
Parkhill Primary School Hall, Parkhill Drive, Ashwood.

Cost: \$13.00 per class for block bookings or \$17.50 casual

Please contact Karen to reserve your place:  
email: [karen@karensPilates.com](mailto:karen@karensPilates.com) Tel: 9807 0429

**[www.karensPilates.com](http://www.karensPilates.com)**

# Choi Kwang Do Self Defense



Learn real-life, practical self defence skills in a fun and energetic way. Also learn how to defend yourself from attacks, and fight back with powerful, effective techniques. With a progressive system from White belt to Black belt, CKD always offers you something new and challenging to learn, experience and enjoy.

Come and try for free at any of the following sessions:

Session times are:

- Tuesday 7.50 to 8.45am (Junior and Senior class)
- Wednesday 3.45pm to 4.45pm (Junior class)
- Thursday 6.30 to 7.30pm (Junior and Senior class)
- Thursday 7.45 to 8.45om – available (Senior class adults and secondary school students only)

Location: Parkhill Primary School Hall

For more information or to book into a session please call  
Janine Brewster on 0415 199 105.



**SEASON 2017 - BE A PART OF IT**

**BOYS: UNDER 8 – 17 YEARS**  
**GIRLS: UNDER 11 – 18 YEARS**

**REGISTER ONLINE TODAY**

[www.ashyredbacks.org.au](http://www.ashyredbacks.org.au)

[registrations@ashyredbacks.org.au](mailto:registrations@ashyredbacks.org.au)

@ashyredbacks

