UNIVERSITY NEW SOUTH WALES MATHEMATICS COMPETITION:
66 Students participated in the UNSW Mathematics Assessment completion recently and we were awarded 1 High Distinction, 10 Distinctions, 17 Credits and 9 Merits.

Credits were awarded to:

Distinctions were awarded to:
Qing Zhu, John Vayenas, Ian MacGibbon-Parker, Indra Kusumah-Kasim, Marvin Elliot, Elizabeth Yap, William Roach, James Lao, Isabelle Yap and Oliver Hore.

The High Distinction was awarded to:
James Macleish

Congratulations to all our 66 students who participated in this very challenging competition.

TERM 4 IS A SUNSMART TERM:
Parents and children are reminded that this term children must wear school sun smart hats every day during recess and lunch breaks and on school excursions.

STUDENT FREE DAY:
A reminder that Monday 31 October is a School Council approved ‘student free day’. There will be no classes for students on this day while staff are writing reports!

As well, Tuesday, 1 November is Melbourne Cup Day. This is a public holiday and school is closed on this day.

GOAL SETTING FOR A SUCCESSFUL TERM:
Planning ahead is an important skill that can be learnt and further developed at all ages – even adults! Organisation, at school, means setting a goal to do your best in your school work, listening carefully to your teacher’s instructions, planning your time so that you are not rushed, having all your school supplies ready at a neat table, recording your projects and their due dates and planning when you are going to do your homework so that you have enough time.

Two positive Habits of the Mind that help develop a young person’s organisation include:

- **Setting Goals** - means thinking that setting a goal can help me to be more successful at a task.
- **Planning My Time** - means thinking about how long it will take me to do my school work and planning enough time to get it done.

Some ideas to help children become more organised and have a more successful term are:

1. **Chunking**: Breaking complex tasks into small, manageable steps. For instance, week-long school projects can be broken down into a series of smaller tasks that can be completed daily.
2. **Goal-setting**: Helping children set small and large goals is one tangible way of increasing their effectiveness. Eg. “I want to learn to spell 20 new words from my list by Friday.”
3. **Making plans:** Working out steps required to help achieve goals and objectives requires children to look ahead. “I will learn five words a night. I’ll ask an adult to test me each night.”

4. **Managing time:** Time planning tools such as lists and diaries can help children keep schedules, hand work in on time and help prevent children overestimating what they can achieve.

5. **Routines take the worry out of remembering.** Homework routines, morning routines, even after-school unpacking routines help children to be organised. For instance, an after-school routine may include unpacking a schoolbag, handing school notices to a parent and eating a snack.

6. **Have regular homework time.** Establish a regular homework time and help your child to stick to it. If no formal homework has been set then use this time for reading.

7. **Have morning round-up.** Remind children of the day’s events each morning so they can plan accordingly.

8. **Use routines and structure.** There are times when so much is going on in young people’s lives that they need structure and routine to help them get organised. Gentle reminders to pack lunches, take notices to school and even to dress appropriately can assist children when they are busy.

9. **Make use of a check list when it all seems too much. (My Favourite!!)** Place a list of routine morning activities by a child’s bed and insist that it be checked before he or she goes to school. Lists are one way to help boys become better organised.

10. **Clear away the clutter.** A regular clean-up of desks and work areas can help children regain control of their environment.

11. **Less is better.** Encourage children and young people to bring home only the books that they will work on each night. Some children become overwhelmed when they have a bagful of books and they have difficulty knowing where to start.

12. **Use a diary to plan ahead.** Encourage your child to place homework, social and school events in a diary.

Have a great weekend.

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**Thank you to those who have already returned their children’s Athletics Form for Tuesday 25th October.**

We do require many volunteers to help make this a successful day. To advise of your availability to help on the day, you may use the permission form that has come home with each child or you can find it attached here. Alternatively, you can send a Tiqbiz message or an email to parkhill.ps@edumail.vic.gov.au

Please include your children’s name, grade and your contact details.

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**Solar Challenge, 15-16 October 2016**

This weekend the Solar Challenge teams will face the ultimate test of their model solar cars at Scienceworks. These twelve busy students have spent the last two terms designing, making, constructing, measuring, adjusting, testing, adjusting and writing about their model solar cars, and they are keen to race against other cars on the big yellow track.

It should be a nice sunny weekend, so our cars will be running at their best. Wish us luck!

Good luck to... Hyperbeast (Luka, Darcy, Oliver, Mitchell), Red Line (Indra, Marcus, David, Oliver) and Ice Breaker (Marvin, James, Thomas, Wijaya)... may your cars fly! (er, I mean "go really fast" not "go off the track"!)

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Michelle Smith
Solar Challenge Coordinator
Science Technology Engineering Maths

Come and celebrate all things Science, Technology, Engineering and Maths with Parkhill Primary School’s Family STEM Night.

DATE:      Tuesday 8th November 2016
TIME:      6:00-7:00pm
VENUE:     Roger Beech Hall
COST:      $5 per family – cash only

Families will be pitted against each other in a race to design, build and conquer engineering challenges. All in good fun, of course!

Places are limited so send in the form below with $5 ASAP.

A confirmation notice will be sent home to notify you of your successful application!

---------------------------------------------------------------

The ___________________ family would like to attend the STEM family night on Tuesday 8th November 2016.

There will be ________ adult/s and ________ child/children attending.

I have enclosed the $5 cash payment.
PARKHILL PRIMARY SCHOOL ATHLETICS CARNIVAL 2016

Purpose of Activity: All Parkhill students will participate in the Parkhill Primary School Athletics Carnival.

Venue: Bill Stewart Athletics Track, located behind Nunawading Basketball Stadium on Burwood Highway. Melway Ref: 62 B8

Date: Tuesday 25th October, 2016

Time: 9:00am – 3:00pm (Years 3-6) Buses departing at 9:00am and returning at 3:00pm
      10:30am – 3:00pm (Foundation– Year 2) Buses departing at 10:30am and returning at 3:00pm

Students Involved: Whole School

Transport Arrangements: Travel by Bus

Sports Uniform: House Colours, shorts & runners (If cold, Parkhill windcheater/jackets & pants).

Special requirements: HATS!! Sunscreen, Lunch and Play Lunch. Drink Bottle to be carried throughout the day. Asthma puffers should be carried if needed.

Help is required on the day. If you are available to help out throughout the day please indicate below.

Parents are encouraged to attend but must organise their own travel arrangements.

Elaine Brady
Assistant Principal

Rod McKinlay
Principal

Parkhill Primary School Athletics Carnival Excursion Permission Form
Excursion to Bill Stewart Athletics Track Tuesday 25th October 2016

Student’s Name (please print) .............................................................. Class group ..............

I give permission for my son/daughter to participate in this activity and expect him/her to behave according to the guidelines set out in the Parkhill Primary School Code of Conduct. I authorise the teacher in charge to consent to my child receiving such medical or surgical attention as may be deemed necessary by a medical practitioner, and to the teacher in charge administering first-aid as required.

Signed: .............................................................. Date: ..............................................................

My emergency contact number on the day of the excursion is: ..............................................................

I am available to help out on this excursion: No □ Yes □

(Working with Children Check No: ..............................................................)

Note: If your assistance is required on the day, the teacher will be in contact to confirm the day’s activity details.
<table>
<thead>
<tr>
<th>2016</th>
<th>Calendar of Curriculum events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 14 October</td>
<td>Foundation Fire Education—Session 2</td>
</tr>
<tr>
<td>Saturday 15 October &amp; Sunday 16 October</td>
<td>Solar Challenge</td>
</tr>
<tr>
<td>Monday 17 October</td>
<td>Year 3 &amp; 4 Camp Information Session in the Library 6pm</td>
</tr>
<tr>
<td>Wednesday 19 October</td>
<td>Foundation Responsible Pet ownership Incursion</td>
</tr>
<tr>
<td></td>
<td>Year 3 @9.15 &amp; Foundation @11.30</td>
</tr>
<tr>
<td>Friday 21 October</td>
<td>Year 2 Sleepover—students to have dinner before returning to school for the sleepover</td>
</tr>
<tr>
<td>Tuesday 25 October</td>
<td>Parkhill Athletics Day - more information to come!</td>
</tr>
<tr>
<td>Friday 28 October</td>
<td>PFA Cool-A-Thon 2.00pm</td>
</tr>
<tr>
<td>Monday 31 October &amp; Tuesday 1 November</td>
<td>NO SCHOOL - Curriculum Day &amp; Melbourne Cup Public Holiday</td>
</tr>
<tr>
<td>Tuesday 20 December</td>
<td>Last day of term</td>
</tr>
</tbody>
</table>

**Icy Pole Roster**

Volunteers are required to sell icy poles every Friday throughout Term 4.

**Here's how it works in 3 easy steps:**
1. **Click this link** to go to our invitation page on [SignUp.com](http://signup.com/go/5XAu7N)
2. **Enter your email address:** (You will NOT need to register an account on SignUp.com)
3. **Sign up!** Choose your spots - [SignUp.com](http://signup.com/go/5XAu7N) will send you an automated confirmation and reminders. Easy!

**Term Dates 2017**

Students Commence on Tuesday 31 January

**Term 1:** 30 January (school teachers start) to 31 March

**Term 2:** 18 April (Tuesday) to 30 June

**Term 3:** 17 July to 22 September

**Term 4:** 9 October to 22 December

Remember to say “Parkhill Primary School” before you pay at Bakers Delight Ashburton, Chadstone, Oakleigh and Oakleigh Links to have 5% of the sale go towards our school!
**Calendar**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday October 14th</td>
<td>Thermomix Demonstration</td>
</tr>
<tr>
<td>Friday October 14th</td>
<td>Ivan’s Pies Forms Due Back</td>
</tr>
<tr>
<td>Tuesday October 28th</td>
<td>Thermomix Raffle Draw</td>
</tr>
<tr>
<td>Friday October 28th</td>
<td>Cool-A-Thon (Walk-A-Thon)</td>
</tr>
<tr>
<td>Monday November 7th</td>
<td>PFA Meeting</td>
</tr>
</tbody>
</table>

**Funding Approved for Cooling the School Hall!**

Thanks to everyone’s amazing efforts we are so excited to be able to announce that funding has been approved for air-conditioning of the Roger Beech Hall. All going to plan it should be installed by the end of this year! For anyone who has sweltered through a hot summer afternoon School Assembly, you will know how awfully hot it can get in there. The PFA wants to take this opportunity to thank you all for your support of the ‘How Cool Can We Make the School?’ campaign. We are so pleased that results are already being seen. We will plan to report back to you each time some of the money raised gets spent.

**Ivan’s Pies – forms due back tomorrow – Friday October 14th**

Our Ivan’s Pies fundraiser is now underway – order forms went home with the eldest child of each family last week. Ivan’s Pies come in a wide variety of flavours and sizes to satisfy any family combo – there are scrumptious pies, pasties, sausage rolls and quiches. They are great as an emergency meal in the freezer or perhaps you have a birthday party coming up? Would your family, friends, neighbours and work colleagues like some pies as well? A portion of all sales results in money for Parkhill. Orders and payment need to be returned to the office by Friday, 14th October with delivery to the school scheduled for Tuesday 25th October.

**Thermomix Raffle – Demonstration at School this Friday afternoon**

Are you not sure if you want to purchase a ticket in our Thermomix Raffle? Chrissy will be doing a demonstration this Friday after school – come along and see this amazing appliance in action. Tickets can now be purchased online by going to [www.TryBooking.com/234826](http://www.TryBooking.com/234826). This raffle is open to anyone in Australia – don’t be shy about sharing the details with your families and friends. This is a limited ticket raffle with no more than 250 tickets being sold – tickets cost $30 each.

**Cool-a-thon**

Our annual walk-a-thon this year will be transformed into a ‘Cool-a-thon’ with all money raised going to our “How Cool Can We Make the School?” fundraising. Donation forms should have come home with your eldest child. This year we are accepting donations via cash or card via the office and to help make it easier for you we are also accepting donations via [https://chuffed.org/project/how-cool-is-our-school-a-thon](https://chuffed.org/project/how-cool-is-our-school-a-thon) Simply click on the link and follow the prompts – make sure you select the grade your child is in so that we can determine which class raises the most money! Last year we made over $6,000 and we are hoping we can do even better this year. Please note that the link will not be live until 9am Monday next week.

**Embrace our Movie Night – Friday November 11th.**

Friday November 11th will be our Embrace Movie Night. We are really excited to announce that we will be having a special once off screening of the movie, Embrace. Check out the [trailer](http://www.youtube.com/watch?v=ZUeQ0sH2YyY) for more information about this inspiring movie that is only screening in a few select locations. We are really excited to be able to bring it to Parkhill as not just a fundraising event, but also as a social awareness event. Tickets will go on sale next week – stay tuned for more info. For more information please contact Kylie Brown on 0402 304 095.

**Icy Pole Roster**

Volunteers are still needed for our Friday afternoon Icy pole roster, please go to [http://signup.com/go/5XAu7N](http://signup.com/go/5XAu7N) to sign up.
Student Achievement:
In our Issue 28 Newsletter we congratulated Mikayla Jevric on her entry into the MFB’s Student Film Competition for Home Fire Safety. As a finalist, Mikayla was then to present her video on 16th September. Mikayla won equal first place in the competition and won herself a HD digital video camera and Instax Mini Camera with accessories.

Mikayla edited the video and wrote the script herself. The video will be used as part of the MFBs Fire Safety Education Program.

Mikayla is pictured here with the MFB CEO, Jim Higgins and an MFB Firefighter.

Congratulations Mikayla!

<table>
<thead>
<tr>
<th>Student of the Week</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>FR</td>
<td>Orlando</td>
</tr>
<tr>
<td>FT</td>
<td>Sebastian</td>
</tr>
<tr>
<td>1M</td>
<td>Gemma</td>
</tr>
<tr>
<td>1B</td>
<td>Whole Class</td>
</tr>
<tr>
<td>1K</td>
<td>Madison</td>
</tr>
<tr>
<td>2C</td>
<td>Mitchell</td>
</tr>
<tr>
<td>2S</td>
<td>Whole Class</td>
</tr>
<tr>
<td>3H</td>
<td>Rudraksh</td>
</tr>
<tr>
<td>3M</td>
<td>Nicolas</td>
</tr>
<tr>
<td>4B</td>
<td>Benjamin</td>
</tr>
<tr>
<td>4M</td>
<td>Xavier</td>
</tr>
<tr>
<td>5D</td>
<td>Alex</td>
</tr>
<tr>
<td>5H</td>
<td>Patrice</td>
</tr>
<tr>
<td>6G</td>
<td>Marvin</td>
</tr>
<tr>
<td>6S</td>
<td>Keifer</td>
</tr>
</tbody>
</table>

Birthdays October
Lucas K
John V
Alannah E
Noah H
Tayah M
Jennon M
Matari H
Emerson W
William K
Levi S
Oliver H
Johnny K
Chloe O
Jai P
Noah C
Olivia H
Ian
Eli M
William C
Emilia
Benjamin
Steven
Ravyn
Najim
Peter
Lucia

Parkhill Parent Community Board
A reminder we have a community board situated on the side of our quadrangle.
Information is updated as available.

Reminder—Term 4 Hats are back!
All months of the year with an “R” in the name are the months that students must wear HATS.

Uniform Shop Hours: Monday 3.00pm—4.00pm & Thursday 8.30am—10.00am

PILATES
1ST CLASS FOR $6 IN OCTOBER!
Pilates is popular with all ages and abilities and can help with general fitness, a stronger, toned, more flexible body, improved posture, injury prevention, increased energy and enhanced wellbeing!

Come and find out what Pilates can do for you at our friendly classes!

Monday 9.30am, Wednesday 6pm, Thursday 9.30am & Saturday 9.15am Uniting Church, 482 High Street Rd., Mt. Waverley.

New class! Tuesday 9.30am
St. Johns Uniting Church, Virginia St., Mt. Waverley

Tuesday 7.30-8.30pm
Parkhill Primary School Hall, Parkhill Drive, Ashwood.

Cost: $13.00 per class for block bookings or $17.50 casual

Please contact Karen to reserve your place:
email: karen@karens pilates.com Tel: 9807 0429
www.karens pilates.com

Student of the Week
Name
FR
Orlando
FT
Sebastian
1M
Gemma
1B
Whole Class
1K
Madison
2C
Mitchell
2S
Whole Class
3H
Rudraksh
3M
Nicolas
4B
Benjamin
4M
Xavier
5D
Alex
5H
Patrice
6G
Marvin
6S
Keifer

Birthdays October
Lucas K
John V
Alannah E
Noah H
Tayah M
Jennon M
Matari H
Emerson W
William K
Levi S
Oliver H
Johnny K
Chloe O
Jai P
Noah C
Olivia H
Ian
Eli M
William C
Emilia
Benjamin
Steven
Ravyn
Najim
Peter
Lucia

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email: karen@karens pilates.com Tel: 9807 0429
www.karens pilates.com
How cool can we make the school?

PARKHILL PRIMARY SCHOOL