School council member, Jane Pingo, recently attended a conference run by the Australian Institute of Human Resources. One session was on The Future of Work run by Lynda Gratton – Prof at London Business School.

In short, Lynda outlined the future skills our workforce will need. Our workers will need to be:

- To be self-directed
- To be superior inquiry skills and research skills
- To have outstanding interpersonal skills
- To be IT and coding literate
- To be team members and problem solvers.

If you attend one of our Parent Information sessions advertised below, you will be able to hear how we at Parkhill have designed our buildings and curriculum to prepare our students for not just the workforce, but for life!

**Masterplan and International Baccalaureate: Parent Information Sessions**

Please note the following dates and times and then shoot me an email confirming your attendance at one of the sessions:

**Thursday 18 August:**
Session 1: 9.00am
Session 2: 2.30pm
Session 3: 6.30pm

**Tuesday 13 September:**
Session 1: 9.00am
Session 2: 2.30pm
Session 3: 6.30pm

We encourage all parents to come along to one of our sessions to gain an understanding of how our new buildings will be developed in line with our International Baccalaureate: Primary Years Program curriculum. Each session will go for approximately 45 minutes and will be held in the Library.

To attend one of the sessions please email me at: mckinlay.rodney.d@edumail.vic.gov.au to confirm your place.

**Social skills for children:** School brings different types of learning, including social interactions and how to make friends. Parents can lay the foundations at home by teaching their kids these 7 important social skills. Children who are able to form friendships when they start school are happier at school and also learn better. More significantly, positive friendships have long-term implications for social, and indirectly, academic success. Friendship skills are generally developmental, but they don’t develop in isolation. Kids acquire these skills when they play with their siblings and interact with children and adults outside their family. Today’s children grow up with fewer siblings, fewer opportunities for unstructured play and less freedom to explore friendships than children of even ten years ago.

Parents can help kids develop important social competencies by teaching them sociable behaviours at home, being good role models and providing opportunities for kids to play with each other in a variety of situations.
Here are 7 important social skills to help children to develop:

1. Ask for what you want:
   Help children ask for what they want. It means they don’t throw tantrums, whinge, and sulk or expect parents to guess what’s on their minds. While we need to be patient with toddlers, we need also to give older children the chance and opportunity to ask for what they want. Sometimes we need to ignore shrugs and grunts and expect them to articulate their wishes. This is the basis of civil behaviour, as well as a basic human skill.

2. Good manners
   Teach kids good manners, in particular the three ‘power words’. These words are very persuasive because they have a way of breaking down barriers and people’s defences. These three words are: your name; please; thanks. These terms are the basis of good manners and when used, will increase the likelihood of getting what you want.

3. Sharing
   Sharing is a basic social skill. Developmentally, very young children like to keep their possessions to themselves. As they get older and move into Pre School and beyond, the notion of sharing becomes a pre-requisite for playing with and forming relationships with others. Other children like to play and be with those who share their time, possessions and space with them. Sharing is the start of empathy as it shows sensitivity to other people’s feelings.

4. Holding a conversation
   Holding conversations with others is a lifetime friendship skill. Conversations require self-disclosure, which can be challenging for some children. Good conversationalists give of themselves, but also take an interest in the person they are talking to. Many children forget that good conversations are two-way events, and tend to focus solely on themselves. Children within conversations need to learn to ask good or interesting questions; to take turns when speaking and to show you are listening by making eye contact and not interrupting.

5. Winning and losing well
   Kids need to learn to win without rubbing others noses in it, and lose gracefully without throwing tantrums and making excuses. Wanting to win is natural, but they need to do so in a way that they maintain a relationship with other players so they will play again. Losing may make kids feel bad, but kids need to control their negative feelings so that others will play with them again.

6. Approaching and joining a group
   The ability to approach strangers in social situations is a valuable skill that opens up many doors, both friendship-wise and business-wise. These skills can be learned and practised during childhood, so that it becomes second nature in adulthood.

7. Handling fights and disagreements
   Disagreements happen in families and among friends. The key is to make sure disagreements don’t lead to the breakdown of friendships. It’s important to get across to kids that having an argument or disagreement doesn’t mean that a friendship is over. Strong friendships, like strong family relationships, withstand disagreements. In fact, they only serve to strengthen friendships.

The results of a number of studies indicate that children can be taught friendships skills. The strategies are simple and revolve around teaching children a range of friendly behaviours such as: talking with others while playing, showing an interest in others, smiling, offering help and encouragement when needed, a willingness to share and learning how to enter a game or social situation.

As parents, we often focus on the development of children’s academic skills and quite easily neglect the development of important social skills, which contribute so much to children’s happiness and wellbeing.

Rod McKinlay
Principal
Nude Food Matters

Parkhill Primary School is a ‘nude food’ school. Nude food is food without excess packaging. This includes packing your children’s lunch with food and drinks in reusable containers, zip lock bags which can be washed and reused many times, and using reusable utensils when needed. By packing student lunches with durable, reusable containers we are helping our environment by reducing waste, keeping food fresh and keeping our school clean and tidy. Please remember to help by packing your child ‘nude food’ for school lunches and teach your children the importance of our environmental footprint and the need to reduce, re-use and recycle. Have fun creating delicious, healthy lunch and snacks with your kids!

Lucy Renshaw
Healthy Kids Co-ordinator

Reminder canteen orders from Classroom Cuisine are cold lunches.

Below you will find a link to the website which explains the process of ordering and also their current menu options.


Flexischool Canteen

Hot food options

Online Ordering
- Available 24/7, Convenient for parents, Remove paper orders and cash
- FREE registration

Easy online registration
- Go to www.flexischools.com.au
- Or you can find them in the APP Store!
### Sick Bay First Aid Information:

**We have had reports this week of cases of the following medical issues:**

- Fever
- Gastro
- Cold virus

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### 2016 Calendar of Curriculum events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 25 August</td>
<td>Year 5 MSAC Excursion—buses leave 9.00am sharp.</td>
</tr>
<tr>
<td>Wednesday 31 August</td>
<td>Year 6 MWF Federation Square Excursion—buses leave 9.00am sharp.</td>
</tr>
<tr>
<td>Friday 2 September</td>
<td>Father’s Day stall</td>
</tr>
<tr>
<td>Monday 5 September</td>
<td>Year 3 &amp; 4 Jump Rope for Heart</td>
</tr>
<tr>
<td>Tuesday 6 September</td>
<td>Foundation Fairy-tale Incursion</td>
</tr>
<tr>
<td>Thursday 13 September</td>
<td>Masterplan Meetings 9.00am, 2.30pm &amp; 6.30pm (45 minute sessions)</td>
</tr>
<tr>
<td>Thursday 15 September</td>
<td>Story Time</td>
</tr>
<tr>
<td>Wednesday September 14 &amp; Thursday September 15</td>
<td>Parkhill Concert - for more information, keep an eye on the newsletter over coming weeks!</td>
</tr>
<tr>
<td>Friday 16 September</td>
<td>End of Term 3 2.30pm finish</td>
</tr>
</tbody>
</table>

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### Student of the Week

<table>
<thead>
<tr>
<th>FR</th>
<th>Whole Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>FT</td>
<td>Jack</td>
</tr>
<tr>
<td>1M</td>
<td>Jack</td>
</tr>
<tr>
<td>1B</td>
<td>Raziq</td>
</tr>
<tr>
<td>1K</td>
<td>Kaitlyn</td>
</tr>
<tr>
<td>2C</td>
<td>Amy</td>
</tr>
<tr>
<td>2S</td>
<td>Charlie &amp; Indi</td>
</tr>
<tr>
<td>3H</td>
<td>Whole Class</td>
</tr>
<tr>
<td>3M</td>
<td>Penelope</td>
</tr>
<tr>
<td>4B</td>
<td>Tom</td>
</tr>
<tr>
<td>4M</td>
<td>Nika</td>
</tr>
<tr>
<td>5D</td>
<td>Tayah</td>
</tr>
<tr>
<td>5H</td>
<td>Hudson</td>
</tr>
<tr>
<td>6G</td>
<td>Lucas</td>
</tr>
<tr>
<td>6S</td>
<td>James</td>
</tr>
</tbody>
</table>

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### CAKE RAFFLE IS BACK!!!

Every year our Year 6 group raise money to fund their graduation.

On Friday mornings you can purchase raffle tickets and the draw is held at assembly.

Don’t forget your money!!

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Remember to say “Parkhill Primary School” before you pay at **Bakers Delight Ashburton, Chadstone, Oakleigh and Oakleigh Links** to have 5% of the sale go towards our school!

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**By Curtis Bayliss…**

A new musical play for Parkhill Primary School.

---

### Birthdays August

- Isaac H
- Jensen M
- Charlie W
- Oscar F
- Stephanie K
- Tarkan Y
- Shania V
- Zein M
- Edward S
- Sophia O
- Jenny Z
- Elaina M
- Charlotte P
- Christos P
- Noah T
- Hava S
- Kara G
- Hannah D
- Keifer L
- ZI Yan W
- Lachlan M
- Luka P
Chaplain’s Corner

It’s a beautiful day outside today. The sun is shining, the sky a beautiful shade of blue, the forecast is for a pleasant 21 degrees, yet it’s still winter. It may be sunny today but it will be cold again by the weekend. It’s not yet time for a run of hot sunny days. You see in this part of the world we don’t just pass directly from winter into summer, we have to go through spring first. So it is with our lives, especially when we think about the way we process difficult things such as grief, loss or even stress. The difficult feelings rarely abate “just like that,” instead it’s a process, one which can sometimes feel like three steps forward and two steps back. A sunny day here and there, then back into the cold again, until there are less and less cold days and more and more warm ones. I think in modern life we forget about the seasons and often try to hurry things up, whether it’s grief, stress or a mental health issue we tend to feel people, ourselves even, should just hurry up and be over it already. But sometimes, often, it just takes time, time to process what happened, time to heal, time to talk things through with friends or even professionals, time to let things go. In a world where we can drive down to Kmart at 3am and buy a pair of shoes, some lawn furniture and a packet of chocolate that we just have to have Right Now! we aren’t used to waiting. It’s a good time of year to stop and be aware of the natural rhythm of life and how slowly winter transitions into spring and then into summer and to give ourselves and others some grace.

Suzanne Carmody
Chaplain

LOTE ROOM UPDATE

Welcome back Foundation, Year 1 and Year 2 students to LOTE!

Mandarin is a brand new language for most of our Foundation students. The photos below are FR and FT children trying very hard to write Chinese numbers from ‘一’ (1) to ‘五’ (5).

The Year 1 and Year 2 students have easily picked up on what they learnt from last year, and are moving on to speaking full sentences in Chinese Mandarin. They are learning to introduce themselves in Chinese Mandarin and are also very excited to receive their Chinese names. We have also been using each other’s Chinese names in class to address each other.

Here are some Chinese Mandarin characters that the Year 1’s and Year 2’s have been learning. Have a go if you are interested!

<table>
<thead>
<tr>
<th>Wǒ</th>
<th>I, me</th>
<th>rén</th>
<th>Person, people</th>
</tr>
</thead>
<tbody>
<tr>
<td>我</td>
<td></td>
<td>人</td>
<td></td>
</tr>
</tbody>
</table>

Shuoyin Tu
LOTE Teacher
On 16th August 2016 the Robo-cup teams went to Melbourne University to compete in the Victorian State Robo-cup competition. Every team in Parkhill did amazing and had great sportsmanship. Rescue (Greer, Mikayla & Charlotte H) finished 16th out of 25 teams. Soccer (Leo, Qing & Ian) finished 8th out of 32 teams. Dance (Luca and Leah) put in a great effort, but unfortunately did not make it into the finals! (They only announce the top three teams.)

The day gave everyone a bit of a faster heartbeat, but it was totally worth it!

Author: Greer
HOW COOL CAN WE MAKE THE SCHOOL?
President: Vanessa Cowley
Vice President: Donna Edwards
Treasurer: Sumi Sundram
Secretary: Wendy Douglas
Committee Members: Katrina Battle, Joanne Dodds, Lisa Jacobson, April Minniece and Anny Murray

Calendar

Wednesday August 24th Father's Day Wrapping Bee
Friday September 2nd Father's Day Stall
Friday September 9th Parkhill Trivia Night – book your table now!

Father’s Day Wrapping Bee
We will be having a Wrapping Bee on the morning of Wednesday August 24th in preparation for the Father's Day stall. If you are free on the day please come and help us out from 9:15am onwards. Please email parents.friends.secretary@gmail.com with any questions.

Father’s Day Stall – Volunteers Required!
The Father’s Day Stall this year will be held on Friday September 2nd. We need quite a few volunteers to help out on the day. If you are free from either 9:30am through to 11am or 11am through to 12:30pm (or even all morning) please head to http://signup.com/go/vLeN6G and sign up. Volunteering at events like this is always a great way to meet other parents and it can also be a lot of fun helping the kids make these important purchases.

Trivia Night Tickets
Tickets for the trivia night have been selling like hotcakes – we are really excited by how much support this event has received. At this stage we no longer have any full tables remaining, we do however have individual tickets for sale at $20. These tickets can be purchased at the office via cash, eftpos or credit card. For those who have reserved tables, please make sure you make full payment ASAP. With the demand we are experiencing we cannot hold them for more than a couple of days.

Trivia Night – Silent Auction Items Needed!
We are currently contacting local shops and businesses to seek their support for our Trivia Night through the donation of items for our Silent Auction on the night. If you are aware of any businesses that may be in a position to donate something please contact PFA Secretary Wendy Douglas via parents.friends.secretary@gmail.com or on 0420 657 007. We can then write to them and formally seek their support.

Always wanted a Thermomix? Buy your $30 Ticket NOW!
Tickets for our Thermomix Raffle are selling at the office right now! You have a chance to win one for only $30! Normally retailing for over $2,000 the PFA are having a limited ticket raffle for one of these amazing kitchen appliances. Strictly no more than 250 tickets to be sold and all proceeds will go towards our ‘How Cool Can We Make the School?’ campaign. Have a think about anyone amongst your friends and family that might like to purchase one and please let them know about this fantastic opportunity. Payment can be made at the office via cash, eftpos or credit card.
Masterplan & International Baccalaureate

A warm welcome is extended to our community to come along to an information session to hear about our wonderful new buildings and internationally acclaimed International Baccalaureate curriculum.

Parent Information Sessions
Thursday 18th Aug
Tuesday 13th Sept

Held in the Library
Session 1 - 9:00am
Session 2 - 2:30pm
Session 3 - 6:30pm
(45min sessions)

To attend one of the sessions please email our Principal, Rod McKinlay, at: mckinlay.rodney.d@edumail.vic.gov.au or phone 9807 2239 to confirm your place.

Parkhill Drive, Ashwood VIC 3147
Ph: 9807 2239  Web: www.parkhillps.vic.edu.au
2016-17 SUMMER SEASON REGISTRATION NOW OPEN

The Timberwolves Basketball club has been competing successfully in the Waverley Basketball Association since 1989. It is a family based club catering for boys and girls from six years old through to Under 23s. The club is proud of the player development programs to support all young players to reach their individual and team goals.

Most games and training is conducted at Waverley Basketball Stadium (Batesford Rd, Chadstone) with teams for boys and girls from Under 8s through to Under 14s on Saturday and Under 16s and 18s on Sunday with girls Under 16s on Tuesday nights.

The club also conducts an 'Aussie Hoops' program to teach children basic skills before they progress to Under 8s. Training sessions and Aussie Hoops are held on Monday afternoons between 4.00pm and 6.00pm.

The SUMMER Season commences at the start of Term 4 on October 8, with the first training session on Monday October 3. Online registration is now open at www.timberwolves.net.au and must be submitted no later than Monday 29th August. Online registration with Direct Debit payment is the preferred method. Alternately credit card, cheque and cash payments can be made in person at the Registration Night on Monday 29th August from 4:30 – 6.00pm at the Waverley Basketball Stadium.

For further information contact the club on wolves@timberwolves.org.au

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PILATES

1ST CLASS FOR $6!

Pilates is popular with all ages and abilities and can help with general fitness, a stronger, toned, more flexible body, improved posture, injury prevention, increased energy and enhanced wellbeing!

Come and find out what Pilates can do for you at our friendly classes!

Mon. 9.30am, Weds. 6pm,
Thurs. 9.30am and Sat. 9.15am
The Uniting Church Hall, 482 High Street Rd,
Mount Waverley.

Tuesday 7.30-8.30pm
Parkhill Primary School Hall, Parkhill Drive, Ashwood.

Cost: $13.00 per class for block bookings or $17.50 casual

Please contact Karen to reserve your place: email: karen@karenpilates.com Tel: 9807 0429
www.karenpilates.com